



End Semester/Reappear (Semester II) Examination May 2025

Programme:BALLB

Course:Character Building & Holistic Development of Personality-I  
(Spiritual & Mental Health)

Course Code: 24VAC171

Enrolment no. \_\_\_\_\_

Full Marks: 50

Time: 2 Hrs.

Q.No.	Questions	CO	Bloom Taxonomy Category	Marks
<b>Section I</b>				
<b>1</b>	<b>Very short Answer type questions (50 words) : Attempt all questions.</b>			<b>10x1 =10</b>
i.	Discuss the element and concept of character building.	CO1	Understand	<b>1x10 = 10</b>
ii.	Discuss the basic concept of Vijnamaya Kosha.	CO3	Understand	
iii.	Discuss the word personality.	CO3	Understand	
iv.	Discuss the Bhoodan Andolan.	CO4	Understand	
v	Examine the importance of holistic development of a character.	CO3	Remember	
vi	Who was the father of Green Revolution?	CO4	Remember	
vii	Explain the meaning of Holistic.	CO2	Understand	
viii	What do you understand by Pancha Kosha?	CO1	Understand	
ix	Who was Birsa Munda?	CO4	Remember	
x	Name the 5 Kochas.	CO1	Remember	
<b>Section II</b>				
<b>2</b>	<b>Short answer type questions : Answer any six.</b>			<b>6x3=18</b>
a	Define the benefits of Vijnamaya kosha.	CO2	Remember	<b>6x3</b>
b	Explain Anandmaya kosha as a state of bliss.	CO3	Understand	
c	What is the Anandmaya Kosha role in developing personality?	CO2	Understand	
d	Elaborate the components of Holistic Development.	CO1	Understand	
e	How Vijnamaya Kosha transforms our lives?	CO3	Understand	
f	Which kosha the deepest level of soul?	CO3	Remember	
g	Define Annamaya Kosha.	CO3	Remember	
h	How to activate Anandmaya Kosha?	CO3	Understand	
i	Explain the Manomaya Kosha.	CO3	Understand	
<b>Section III</b>				
<b>3</b>	<b>Short answer type questions : Answer any two.</b>			
a	Explain in brief elements and pillars of character building.	CO1	Understand	<b>2x4 = 8</b>
b	Explain the contribution of Manomaya Kosha in developing Anandmaya Kosha.	CO3	Understand	
c	State the factors promoting the growth of Vijnanamaya kosha.	CO3	Remember	
d	Describe the Indian concept of Personality.	CO3	Understand	
<b>Section IV</b>				
<b>4</b>	<b>Short Essay writing type : Answer any two.</b>			
a.	Identify the contribution of Acharya Shusruta as leading scientist of India.	CO4	Evaluate	<b>2x7</b>
b.	Write a short essay on Bhagat Singh's Contributions in Indian Freedom Struggle.	CO4	Create	
c.	Prepare a Character sketch on Birsa Munda.	CO4	Create	
d.	Explain the role of M.K Gandhi in freedom struggle.	CO4	Evaluate	

**COURSE OUTCOME**

On the completion of the Course, the students will be able to:

CO1: Develop a good understanding of intellectual development CO2: Adapt the concept of constructive roles.

CO3: Analyze the understanding of spiritual and holistic development.

CO4: Correlate the importance of world as a family and enable them to intellectual and holistic development